

2019 Summer Nurse Extern Program

May 20-August 9

Requires 12-week commitment



Scottish Rite Hospital's Summer Nurse Extern Program offers a paid opportunity to gain hands-on experience in a pediatric setting while learning performance expectations of an entry-level staff nurse. Externs get the chance to attend educational seminars, in-services and join patients at one of the hospital's specialized summer camps.

Texas Scottish Rite Hospital for Children is one of the nation's leading pediatric centers for the treatment of orthopedic conditions and sports injuries, as well as certain related arthritic and neurological disorders and learning disorders, such as dyslexia. Patients receive treatment regardless of the family's ability to pay. For more information, please call 214-559-5000 or visit scottishritehospital.org.

Summer Nurse Extern Open House*

Thursday, January 17

5 to 7 p.m.

General Session 5:30 p.m.

Attendees will have an opportunity to meet program directors and learn more about the externship. Refreshments will be served.

Register for the event:

<http://community.tsrhc.org/NurseExternOpenHouse-register>

Should you find it necessary to cancel your registration, please inform us at nurse.extern@tsrh.org or at 214-559-7590.

**encouraged but not required to apply*

Application Submissions

Application submissions will be accepted through February 6.

Interviews will be held the week of Feb 18.

For Program Requirements, visit:

scottishritehospital.org/internships

PREREQUISITE: Must be currently enrolled in an accredited school of nursing and returning as a Senior in the Fall of 2019, 3.00 GPA in nursing core courses and one clinical rotation by program start date. Pediatric rotation completion preferred. Completed application is required for program consideration.



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Ambulatory Care

Ambulatory Care (AC) clinics are the first point of contact with Scottish Rite Hospital patients. Each physician has a nurse coordinator that will serve as a preceptor for the nurse externs.

An important part of the nurse assessment is to ensure that the patient and their family understand the patient's individualized treatment plan. In addition, the nurse will provide educational materials to the family specific to their child's procedure. This will support the family in following the patient's treatment plan properly.

The nurse extern will:

- Coordinate with other disciplines involved in upcoming surgeries, procedures, treatment and/or therapies.
- Follow up with patient families after clinic visits to address questions and/or concerns as deemed appropriate.
- Assist with off-site referrals and coordinate evaluations by other physicians when necessary.

Ambulatory Care Hours: Monday through Friday,
8:00 a.m. - 4:30 p.m.

Inpatient Unit

The inpatient unit is a 52-bed unit that operates 24 hours a day, seven days a week. The inpatient nurse's primary role is to provide nursing care to medical and surgical patients with orthopedic, neuro-developmental and musculoskeletal conditions. The nurses work three, 12-hour shifts per week including weekends. The externs will pair up with a nurse preceptor working the same schedule and will perform various skills and procedures under his/her supervision.

The nurse extern will:

- Learn to effectively communicate with staff and patients and families according to their developmental levels, and reinforce patient education.
- Participate in clinical rounds with physicians and other disciplinary team members, such as OT, PT, Psychology, Therapeutic Recreation and Child Life.
- Assist with the admission process.
- Support the monitoring of patient vital signs, fluid intake and output; in addition to wound care, cast care and dressing change.
- Assist with screening and management of pain using non-pharmacological interventions.
- Help patients requiring Halo, Bucks or Skeletal traction; and provide care and assessments for patients with a Halo/Illizarov traction/external device.
- Perform intermittent catheterization and support ng-tube and g-tube feeding and care.

Inpatient Unit Hours: Sunday through Saturday, three 12-hour shifts (days/nights)

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Neurological & Pediatric Developmental Disabilities Care

With an ultimate goal of developing a positive, competent behavior that enhances one's professional growth and development, the nurse extern will be responsible for providing the patient and family with a sense of security and satisfaction with their clinical care.

The nurse extern will:

- Perform a comprehensive patient/family assessment
- Develop and implement a care plan for individual patients, as well as groups of patients and families
- Provide family-centered, developmentally appropriate nursing care
- Evaluate the effectiveness of the nursing care provided

Neurology

- Work with a wide variety of unusual Neurological diagnoses
- Attend a specialized summer camp, as desired
- Observe various methodologies of treatments and procedures including: EEG, EMG, NCV, Botox, serial casting, lumbar punctures, and casting

Developmental Disabilities

- Work with the Spina Bifida population, as well as other chronically ill children in this department
- Attend Spina Bifida camp and assist with all care
- Participate in Neurosurgery and Urology Clinics with these patients

Neurological and Pediatric Developmental Disabilities Care
Hours: Monday through Friday, 8:00 a.m. - 4:30 p.m.

Perioperative Services

A nurse extern will have a unique opportunity to learn what the perioperative nursing role encompasses. A total team approach is taken at Scottish Rite Hospital. An experienced nurse preceptor will help teach patient care and safety, and encourage participation in care provided by the OR staff in a perioperative setting. These participation opportunities include:

- Pre-Operative: Day Surgery and Holding Area
- Intra-Operative: Anesthesia, Circulating Nurse and Scrub
- Post-Operative: Post-Anesthesia Care Unit and Day Surgery

In addition, a perioperative nurse extern will participate in hands-on patient care such as:

- Peripheral IV access
- Aseptic technique
- Urinary catheterization
- Assessments
- Patient and family education
- Airway management

Perioperative Services Hours: Monday through Friday, four 10-hour day shifts

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Sports Medicine

The Sports Medicine team cares for pediatric patients on an outpatient care basis. We focus on sports-related musculoskeletal injuries and conditions in skeletally immature athletes. The team specializes in conditions and injuries that affect the shoulder, elbow, ankle, knee and hip, along with stress fracture and sports-related concussion management. A nurse will precept the extern and focus on clinical skills as he/she rotates through the various clinics at the hospital's Frisco facility.

The nurse extern will:

- Work with sports medicine physicians, athletic trainers and physical therapists.
- Coordinate with other disciplines involved in upcoming surgeries, procedures, treatment and/or therapies.
- Follow up with patient families after clinic visits to address questions and/or concerns. as deemed appropriate.

Sports Medicine hours: Monday through Friday, 8 a.m. - 4:30 p.m.

Radiology

The Radiology Department assists physician and other health team members in the diagnosis of a patient's disease through the use of radiography, fluoroscopy, CT scanning, Ultrasound, and MRI scanning for children birth to 18 years of age.

The nurse extern will:

- Learn to effectively communicate with staff, patients and families according to their developmental levels, and reinforce patient education.
- Assist with image-guided procedures and contrast studies.
- Support the monitoring of patient vital signs.
- Assist anesthesiologist during MRI and CT procedures.

Radiology hours: Monday through Friday, 10-hour day shifts

