7:00 a.m.  **Registration/Continental Breakfast**

7:30 a.m.  **Welcome**  
*Introduction to Texas Scottish Rite Hospital for Children*  
Jeremy Howell

7:45 a.m.  **How Much is Too Much? Guidelines for Parents**  
Shane M. Miller, M.D.

**Hip Issues in the Young Athlete: Reducing the Risk of Injury**  
Henry B. Ellis, Jr., M.D.

**How can we prevent ACL injuries?**  
Philip L. Wilson, M.D.

**Q&A Panel Session 1**

9:05 a.m.  **BREAK**

9:20 a.m.  **Obesity-related injuries**  
Corey S. Gill, M.D.

**Nutrition - Care of the Vegetarian/Vegan Athlete**  
Taylor Morrison, M.S., R.D., L.D.

**Unique Considerations for the Female athlete**  
Jane S. Chung, M.D.

**Q&A Panel Session 2**

10:40 a.m.  **Transition to Breakout**

10:50 a.m.  **Breakout Session A**

11:20 a.m.  **Pick up Lunch**

11:35 a.m.  **Lunch / Community Panel on Youth Sports**  
Facilitated by Henry B. Ellis, M.D.

12:20 p.m.  **Transition to Breakout**

12:30 p.m.  **Breakout Session B**

1:05 p.m.  **Breakout Session C**

1:35 p.m.  **BREAK**

1:45 p.m.  **Ethical Considerations of Sport-Related Concussion**

**Helmets and Rule Changes: Can we Prevent Concussions?**  
Shane M. Miller, M.D.

**Keynote: CTE and Long-Term Risks: What are the Facts?**  
Munro Cullum, Ph.D.

**Q&A Panel Session**
2:50 p.m.  **Closing Remarks**

3:00 p.m.  **Adjournment**

**Breakout sessions will be led by physicians, athletic trainers and physical therapists. Topics will include:**

- Ankle Exam
- PPE MSK Exam
- Screening for Core Weakness and Posture
- Elbow Exam

*The program is subject to changes.*

Texas Scottish Rite Hospital for Children

For more information about this conference, please email sportsmedicine@tsrh.org.