



Hip Ultrasound / Sonogram Instructions

A sonogram is also called an ultrasound. It is a painless procedure that uses sound waves to create pictures of the body. Most hip sonograms are ordered for newborns and infants who are at risk of having a dislocated hip joint.

Procedure

Your baby will lie on a soft table. The sonographer, a registered specialist who performs the sonogram, will put a warm gel on your child's skin. He or she will use a transducer (wand) to view pictures of both hip joints. These pictures will be visible on the ultrasound monitor. The sonographer will move your child's legs and hips during the procedure as directed by the doctor and radiologist. This procedure will take about 30 minutes.

If your baby wears a harness, your doctor will decide if your baby will remain in the harness or be taken out for the sonogram.

Preparation

Your child may eat and drink as usual before the sonogram. Give your baby all scheduled medicines unless otherwise directed by your doctor or the radiology department. You may want to bring a bottle of formula or milk to feed your baby during the procedure to help your baby relax.

Please call your nurse coordinator _____
at (214) 559-_____ if you need to cancel or reschedule your child's appointment or if you have any questions or concerns regarding any of these procedures.